

Nursing Special Interest Group (NSiG)

Year of report: **2024**

Date of initial approval of Special Interest Group:
08 June 2016

Contact details of coordinator, vice coordinator and assistant (if applicable) including ECFS membership numbers:

Coordinator name **Dorien Holtslag**
Vice coordinator name **Malin Heiden**
Assistant name **Tina D'Hondt**

Long term aims of the Special Interest Group (maximum 100 words) including estimated achievement date:

Aims

- To advance education, research and clinical skills for the improvement of cystic fibrosis nursing and care
- To create a meeting place for other CF nurses to share experiences and best practices and develop a community of practice.
- To collaborate on research and audits to promote and evaluate the quality of CF Care
- To work with other disciplines to further enhance cystic fibrosis care

Annual Objectives

- To prepare the nursing pre-conference programme at the ECFS, on the 5th of June 2024
- To disseminate evidence-based best practice
- To promote, apply and contribute to further development of the standards of care for cystic fibrosis
- To provide educational opportunities for CF nurses to support their continued professional development

Outcomes already achieved:

Our annual objectives are achieved each year.

Our aims are a work in progress and in reality will never be fully achieved as they should all be on-going.

Report for this year

Annual Objectives

- To prepare the nursing pre-conference programme at the ECFS (June 5, 2024)
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Our current membership sits at 215. This number fluctuates slightly each year but has been consistently around 200 for the last few years. We are looking to increase membership numbers in the following ways:

- A regular Newsletter with updates and information of upcoming educational events and opportunities.
- Regular emails to our membership with information about the conference. We have our own email address now:
- Regular surveys to ascertain what members want from their NSiG committee and what topics they would like to hear about at the NSiG study day

- From last year conference until now we have motivated several times the NSiG members to become also ECFS members. We have explained all the benefits at last year conference, in our newsletters and also in every mail we have send.

We were very happy that we were able to have a regular pre-conference day in Vienna and our program was filled with subjects as: “the multi-disciplinary CF team and how to adapt nursing care in the Kaftrio era” and “Home iv antibiotics, organization and IV line care”.

A new subject that we will try to repeat every year is ”exploring nursing research topics”.

We have had very nice inter-colleagues discussions.

For 2024, we are preparing the pre-conference day, in Glasgow.

We are very happy to have some more committee members. We are now up to six persons, from six different countries. That means that hopefully we will have the opportunity for proper elections in 2024.

We even have a great support from Paula Lomas, from the USA, who is willing to help us with all her expertise as a CFF-staff-member.

Position	2021	2022	2023	2024
Chair	Nichola MacDuff	Dorien Holtslag	Dorien Holtslag	Dorien Holtslag
Vice	Dorien Holtslag	Nichola MacDuff (will step down)	Malin Heiden	Malin Heiden
Secretary	Angela Röst	Esperie Burnet	Esperie Burnet	Esperie Burnet
Treasurer	Annick Lacroix	Tina D’Hondt	Tina D’Hondt	Tina D’Hondt
Member	Esperie Burnet	Cassandra Sheppard	Sylvia Rodriguez	Sylvia Rodriguez
Member	Majda Ostir			Annie Martin
Member	Sylvia Rodriguez			

Members of our committee currently have representation on the following:

- ECFS Scientific Committee (Esperie Burnet)

Aims for the coming year

- Engage with the education committee to provide more for nurses on the platform
- Encourage greater participation in the main conference from nursing colleagues
- Encourage collaboration in research across Europe.

Summary:

2023 was a year with a lot of positive changes in CF care as almost all countries in Europe can prescribe CF-modulators now. And we see the result of that. That gave a very positive vibe.

For that reason we have tried to adapt the subjects of the nursing day to this development.

Breakdown of expenses

Expenses incurred in 2023: €2250,- for catering and €526,- for round tables. And also 2 travel award (€500,- each).

In December 2023 we had about €9000,- on our account.

For 2024 at the conference in Glasgow the costs to be expected are: : €2915.20- (80 x 7,- x 2(coffee) and 80 x €22,44 (lunch)) for catering.

We will offer two innovation grants (€500,- each = €1000,-).

Criteria for selection have been written in the newsletter and are on the NSIG web page.

Total amount requested for 2024 : €1000,- + €2915.20 expenses for catering at the conference.

Budget amount requested for next year:

For 2025 we would like to offer one travel grant (€500,-) and as well an Innovation Award (€500,-)

Total amount requested for 2025: 2 x €500,- + expenses for the room and catering during the conference : +/- €3500,-