

TUESDAY 4 JUNE**08:30 – 16:30****Dochart 1****Musculoskeletal issues in Cystic Fibrosis – Muscle Dysfunction & Strength – Posture and Pain**

08:30 – 08:35	Introduction
08:35 – 09:35	Muscle Dysfunction – Theory – Mathieu Gruet, Toulon, FR
09:35 – 10:35	Which test, how, and when – Mathieu Gruet, Toulon, FR / Zoe Saynor, Portsmouth, UK
10:35 – 10:50	COFFE BREAK
10:50 – 11:40	Muscle Function testing equipment – Mathieu Gruet, Toulon, FR / Zoe Saynor Portsmouth, UK
11:40 – 12:40	Optimal nutrition for strength development – Grace Miller
12:40 – 13:30	LUNCH (provided)
13:30 – 14:00	Translating test to prescription – Mathieu Gruet, Toulon, FR / Zoe Saynor, Portsmouth, UK
14:00 – 14:30	Mild to moderate disease – finding the balance between Strength & Cardiovascular exercise – Zoe Saynor, Portsmouth, UK
14:30 – 15:30	Strength training in severe disease or inpatient care/ Prolonged admission – Lisa Morrison, Glasgow, UK / Ciara O'Connor
15:30 – 15:45	COFFE BREAK
15:45 – 16:30	Strength prescription in Pathology – Renal disease/ Liver disease / Bridging to transplant / Case Studies – Lisa Morrison, Glasgow, UK / Ciara O'Connor

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| 08:30 – 08:35 | Introduction |
| 08:35 – 09:35 | MSK Screening -Why - Shoulder and Neck – Julia Taylor / Nicola Hodgson, Manchester, UK |
| 09:35 – 10:05 | Dysfunction - how do we measure & how do we treat? Introduction to Manchester Screening Tool – Julia Taylor / Nicola Hodgson, Manchester, UK |
| 10:05 – 10:20 | COFFE BREAK |
| 10:20 – 11:20 | MST a Practical or MSK Screen a practical |
| 11:20 – 12:30 | MSK from a Paediatric perspective. Screening & Treatment – Danielle Ross |