

WEDNESDAY 4 JUNE – 10:00 – 16:00

Ocean 3 + 4

ECFS Nutrition Group Meeting 2025

Coffee on arrival from 10:00

10:30 – 11:00

Annual General Meeting

Monika Mielus (Warsaw, PL), Joanna Snowball (Oxford, UK)

11:00 – 11:45

Keynote presentation

What should we advise people with cystic fibrosis to eat?
changing focus from diet quantity to diet quality*Audrey Tierney (Limerick, IE)*

11:45 – 12:45

Session 1: Poster Presentations: Varying nutritional challenges
across the lifespan*Moderator: Monika Mielus (Warsaw, PL)*

- Feeding practices, behaviours and disorders in infants and children with CF: a scoping review
Caitlin Miles (Clayton, AU)
- Body composition and handgrip strength among children and adolescents with CF: correlation with anthropometric parameters and disease severity
Elpis Hatziagorou (Thessaloniki, GR)
- Never assume, check: Implementing and evaluating a healthy lifestyle survey in an adult CF population
Chloe Knorz (Cardiff, UK)
- The use of tube feeding after starting elexacaftor/tezacaftor/ivacaftor in a Belgian pediatric and adult CF cohort
Dimitri Declercq (Gent, BE)

12:45 – 13:30

Lunch / Networking Opportunity

13:30 – 14:30 Session 2: Poster Presentations: Managing vitamins and bone health in CF

Moderator: Joanna Snowball (Oxford, UK)

- European practices in vitamin supplementation for CF since the introduction of CFTR modulators
Chris Smith (Brighton, UK)
- Nutritional status with focus on fat-soluble vitamins in Swedish CF patients – a registry study
Mikael Nilsson (Lund, SE)
- Pancreatic function and fat-soluble vitamin levels in 2–6-year-olds with CF starting elexacaftor/tezacaftor/ivacaftor
Laura Schembri (London, UK)
- Beyond vitamin D – nutritional factors influencing bone health in CF
Moshe Heching (Petach Tikva, IL)

14:30 – 15:30 Session 3: Interactive Discussion: “Sharing experiences and best practices”

- Approaches and strategies for cessation of PERT in the era of CFTR modulators
Paige Elliott (Newcastle, UK) and Imogen Clarke (Newcastle, UK)
- DIOS – risk factors and “red flags” for dietitians
Sarah Collins (London, UK) and Joanna Snowball (Oxford, UK)

15:30 – 15:45 Summary and close

Acknowledgements

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