

48th EUROPEAN CYSTIC FIBROSIS CONFERENCE

4 – 7 JUNE 2025 | MILAN, ITALY

ECFS Exercise Working Group Meeting

Wednesday, June 4

Room: Aqua 4

13:00 – 17:30

13:00 – 13:15 Introduction & Welcome

Thomas Radtke, Zurich, CH & Don Urquhart, Edinburgh, UK

Session 1 Update on working group projects

13:15 – 13:30 Physical activity project

Craig Williams, Exeter, UK

13:30 – 14:10 Dysfunctional breathing in CF

Imad Ahmed, Leicester, UK & Dan Stevens, CA

Helge Hebestreit, Wuerzburg, DE

14:10 – 14:30 Physical Literacy in CF

Marcella Burghard, Utrecht, NL & Erik Hulzebos, Utrecht, NL &

Wolfgang Gruber, DE

14:30 – 15:00 Coffee break, exchange, chatting

Session 2 Education Update

Thomas Radtke, Zurich, CH & Owen Tomlinson, Exeter, UK

15:00 – 15:15 Journal Club 2024/25 - Looking to the future

Owen Tomlinson, Exeter, UK

15:15 – 15:30 ECFS Webinar Series - Proposals for exercise webinars (x4)

Thomas Radtke, Zurich, CH & Don Urquhart, Edinburgh, UK

Session 3 The Future of the Exercise Working Group

Thomas Radtke, Zurich, CH & Don Urquhart, Edinburgh, UK

15:45 – 16:30 New Research Ideas#

#Please suggest via email ahead of meeting to thomas.radtke@uzh.ch and don.urquhart@nhs.scot

16:30 – 16:45

Proposals for a new leadership group structure for ECFS exercise working group

16:45 – 17:00

Election of new leadership group for ECFS exercise working group