

TUESDAY, JUNE 3 – 08.00– 17.00

Room: Aqua 1

### Basic Airway Clearance course Timetable

INSTRUCTORS: Gemma Stanford, Brenda Button, Maggie McIlwaine, Emma Dixon and Clare Reilly.

Day 1 – Tuesday 3 <sup>rd</sup> June	
Time	Session Content
08.00	Registration
08.05	Introduction and House Keeping <i>Brenda Button</i>
08.15	Cardiopulmonary physiology <i>Maggie McIlwaine</i>
09.15	Introduction to airway clearance and breathing techniques <i>Brenda Button</i>
09.45	Active Cycle of Breathing Techniques ( ACBT ) <i>Gemma Stanford</i>
10.30	Morning Break
11.00	Autogenic Drainage ( AD ) <i>Clare Reilly</i>
12.00	Practical on ACBT and AD <i>All Instructors</i>
13.00	Lunch break
13.45	Use of Positive Expiratory Devices ( PEP ) <i>Clare Reilly</i>
14.30	Oscillating PEP devices <i>Emma Dixon</i>

15.15	Coffee Break
15.45	Non Invasive Ventilation/ BiPAP for Airway Clearance <i>Clare Reilly</i>
16.05	Exercise as Airway Clearance - <i>Gemma Stanford</i>
16.45-17.00	Discussion

Wednesday June 4<sup>th</sup> – 08.00– 12.30

Room: Aqua 1

Day 2 – Wednesday 4 <sup>th</sup> June	
Time	Session Content
08.00	Follow up from day 1
08.15	HFCWO, IPV <i>Maggie McIlwaine and Brenda Button</i>
09.00	Practical PEP, Oscillating PEP, IPV/ NIV <i>All Instructors</i>
10.00	Morning Break
10.20	Use of airway clearance techniques in adults in an era of modulators <i>Gemma Stanford</i>
11.00	Use of Airway clearance techniques in Paediatrics in an era of modulators – <i>Emma Dixon</i>
12.00	Discussion and Close