



INTERNATIONAL PHYSIOTHERAPY GROUP
FOR CYSTIC FIBROSIS

NEWSLETTER 1, 2021

Dear all,

Welcome to our first newsletter 2021.

2020 was marked by the covid pandemic and unfortunately it seems that 2021 is continuing in the same vein.

Not only is this time very demanding for us, but it also brings a lot of pitfalls to our CF patients.

At this difficult time, it may be even more important to share information and experiences with each other.

We will do our best to ensure that digital conferences and webinars bring new information to your clinical practice this year as well.

The main topics of this newsletter:

1. Forthcoming Webinar: **“New challenges in CF care: Physiotherapist and Pharmacist joining forces”**
2. ECFS digital conference
3. Pre-conference course
4. Election of IPG / CF Vice-Chairperson
5. Annual report reminder
6. Friendly annual fee reminder!

1. Webinar: from European Cystic Fibrosis Society: 22nd April 2021 12-1pm UK “New challenges in CF care: Physiotherapist and Pharmacist joining forces”

- **Date:** Thursday 22nd April 2021
- **Time:** 1-2 CET (12-1 UK)
- **Speakers:** Tracey Daniels, Dimah Sweis, Hadas Mantin
- **Organised by ECFS Psychology group in CF -engaging multi-disciplinary lunch-time webinars.**

2. The ECFS 2021 Digital Conference:

- Due to the ongoing pandemic, the conference will take place in digital form this year as well.
- The ECFS 2021 Digital Conference, on 9 – 12 June 2021, will feature 4 parallel sessions including symposia, workshops and other interactive sessions.
- Registration will open early February 2021.
- Save the date!
- Annual general meeting: 9th June



44th EUROPEAN
CYSTIC FIBROSIS
CONFERENCE
9–12 June 2021
#ECFS2021

3. Pre-conference course:

- The organising committee of the IPG/CF Pre-conference Physio Course (From research to daily work practice – The upper airways) has been postponed until 2022.
- The Committee decided to do this because of the need for a hands on approach during the course.
- We hope by 2022 things will be better and we will be able to hold our course in person.

4. Vice-Chairperson:

- This year, Cecilia Rodriguez Hortal is finishing her role as Vice-Chairperson.
- We need to elect a new Vice-Chairperson.
- According to our constitution, to qualify for this role you must either be a current or past Country Contact Person.
- We are now calling for nominations. Please complete the form below and send it back to me (jana.pleskova@fnmotol.cz)
- Nomination deadline: 19th April 2021
- The Vice-Chairperson will be elected by postal ballot before the next Annual General Meeting. Each Contact Person will have a postal vote. If there is only one nomination the nominee will be declared elected unopposed.

5. Annual report reminder

- One of the duties of a Country Contact Person is to write an annual report.

- Please aim to submit a report for our next newsletter in May – that will circulate when we provide notification of our June AGM at the ECFC.
- A report should be short summary of information regarding the number of CF physiotherapists (perhaps with the number of CF patients they manage), recent activities and planned events in the country.
- **Please aim to submit an annual report before the next newsletter in May.**

6. Friendly annual fee reminder!

- The annual fee for the IPG/CF is not compulsory; nevertheless, we invite all countries, which are able to do so, to participate.
- Although, we are aware that not all member countries are equally financially strong, we would like to ask you to check in your organization whether it would be possible for your country to pay the 50€ annual fee.
- Due to Brexit and COVID 19 bank details remain unchanged.
- As we continue not to be able to meet in person, payment can only be made as below:
- Payment to the IPG/CF bank account. Bank details are as follows:
- Bank Name: Credit Suisse 8070 Zürich
- Address: cf-physio.ch, Artishus 1, 3527 Grossaffoltern, Switzerland
- IBAN: CH51 0483 5163 5631 6200 0
- BIC: CRESCHZZ80A
- Account Nr: 0094-1635631-62
- Account Name: CFinternational
- **Currency: EURO! Not Swiss Francs**
- Please declare clearly for which **country and year** you are paying
- e.g. UK 2021
- If you are making back payments or changing you payment arrangements or have any questions please contact: e.dixon@rbht.nhs.uk (Emma Dixon, Treasurer)
- **The money is used mainly for the organization of courses and lectures within the ECFS conference.**

If you are receiving this newsletter, we are happy for you to forward it to your colleagues.

As always, we welcome your feedback and input. Enjoy!

Jana Plešková, MSc (jana.pleskova@fnmotol.cz)
IPG/CF Secretary

CFIRG/CF CONTACT LIST FOR MEMBER COUNTRIES

Below is the contact list as of February 2021. In summary, there are currently 41 member countries receiving our correspondence.

Country	Contact	Email
Argentina:	Patricia Ratto	patricianancyratto@gmail.com
Australia:	Brenda M. Button	b.button@alfred.org.au
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Alumni member

Past country contacts or board members who wish to join our Alumni members should contact our Secretary Jana with details of their terms with the IPG/CF and their areas of expertise/interest. We are compiling a list of experienced alumni members who might help us with conference preparations, and they will receive all IPG/CF communications directly as supporters of the IPG/CF.



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Nomination Form

For IPG/CF position (office): **Vice chairperson Elect**

For the period: **June 2021 – June 2024 (three years)**

Name of candidate:

Reasons for recommendation:

Nominated by (recommended by):

- 1.
- 2.

Constitution states:

Vice-Chairperson

1 *Term of office*

The IPG/CF shall have a Vice-Chairperson/Chairperson Elect who shall serve for a term of three consecutive years before taking up the position of Chairperson for the next three consecutive years

2 *Nominations*

(a) Any two Contact Persons or two ordinary members of the Committee or one Contact Person and one ordinary member of the Committee may make a nomination



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(b) Nominations must be submitted in writing to the Secretary of the Committee three months prior to the Annual General Meeting at which the result of the election is to be announced at the Annual General Meeting

3 *Election*

- (a) The Vice-Chairperson and Chairperson Elect shall be elected by postal ballot before an Annual General Meeting. Each Contact Person will have a postal vote.
- (b) If there is only one nomination the nominee shall be declared elected unopposed

Finally, please find the latest edition of the Blue Booklet on our group webpage:
https://www.ecfs.eu/ipg_cf/booklet

Please feel free to provide feedback and forward your suggestions or content to the IPG/CF Secretary – jana.pleskova@fnmotol.cz
Distribute this widely and enjoy!