

45th EUROPEAN CYSTIC FIBROSIS CONFERENCE
8 – 11 JUNE 2022 | ROTTERDAM, THE NETHERLANDS

Tuesday, 7 June 2022 08:00 – 17:00
Wednesday, 8 June 2022 08:00 – 12:00

Physiotherapy Short Course: The upper airway: Practical assessment and therapy
From research to daily work practice.

Day 1 – Tuesday 7 June 2022

Time	Topic	Speaker
08:00-08:30	Registration and coffee	Marlies Wagner
08:30-08:35	Welcome and housekeeping	Marlies Wagner
08:35-08:50	Sinus anatomy/physiology	Pr. Ludovic Le Taillandier de Gabory
08:50-09:10	CF sinus disease	Pr. Ludovic Le Taillandier de Gabory
09:10-09:35	Medical management of CF sinonasal disease	Pr. Ludovic Le Taillandier de Gabory Claire Behague
09:35-10:00	COFFEE BREAK	
10:00-11:30	Nebulised drug delivery to the sinonasal region	Pr. Ludovic Le Taillandier de Gabory
10:30-11:00	Nasal instillation	Hugues Gauchez
11:00-11:30	Measurement of sinonasal disease severity	Pr. Ludovic Le Taillandier de Gabory
11:30-11:40	Break	
11:40-12:25	Group A - oscillating nebuliser (eg, Pari Sinus, DTF Sonic)	Alain Dubois Solène Tertrais
	Group B – Nasal wash : adult / Child (Practise)	Claudine Lesjosne Mathilde Proffit
	Group C – Nasal wash : infants (Practise)	Hugues Gauchez Claire Behague
12:25-13:00	LUNCH BREAK	
13:00-13:15	Surgical management of CF sinonasal disease	Pr. Ludovic Le Taillandier de Gabory
13:15-13:30	Therapeutic ultrasound	Pr. Ludovic Le Taillandier de Gabory Hugues Gauchez
13:30-13:45	Retronasal drug delivery	Pr. Ludovic Le Taillandier de Gabory

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13:45-14:45	Hygiene, precautions, contraindications	Pr. Ludovic Le Taillandier de Gabory
14:45-15:10	COFFEE BREAK	
15:10-15:55	Group A – Nasal wash : adult/child	Claudine Lesjosne Mathilde Proffit
	Group B - Nasal wash : infants	Hugues Gauchez Claire Behague
	Group C - oscillating nebuliser (eg, Pari Sinus, DTF Sonic)	Alain Dubois Solène Tertrais
15:55-16:40	Group A – Nasal wash : infants	Hugues Gauchez Claire Behague
	Group B - oscillating nebuliser (eg, Pari Sinus, DTF Sonic)	Alain Dubois Solène Tertrais
	Group C - Nasal wash : adult/child	Claudine Lesjosne Mathilde Proffit
16:40-17:00	Advice to patients	Hugues Gauchez
17:00 END DAY 1		

Day 2 – Wednesday 8 June 2022

Time	Topic	Speaker
08:00-08:10	Welcome and housekeeping	Marlies Wagner
08:10-8.50	How research can influence clinical practice - practical example	Brenda Button
08.50-9.50	How to interpret clinical research	Brenda Morrow
9.50 -10.05	Coffee break	
10.05 - 10.55	IPG/CF ACT survey results	Brenda Button
10:55 - 11:55	Group discussion - appraisal of a randomised trial (paper already distributed to pre-registered attendees) OR discussion/brainstorm around future research for clinical impact	Brenda Morrow
11:55-12:00	Wrap-up	Marlies Wagner
12:00 END DAY 2		

Objective: This course is intended for physiotherapists, physical or respiratory therapists who require training in the assessment and interpretation of literature and the upper airways. The course will help build on existing knowledge as well as how research results can be translated into daily working practice recommendations.

The course will include both theory and practical sessions, while small group sessions allow lots of opportunity for discussion between participants and course tutors.