



### **Trudy Havermans**

Trudy is a CF clinical health psychologist at the Cystic Fibrosis Centre of the University Hospital Leuven, Belgium. She has obtained her PhD at the University of Exeter, UK. For the past 20 years she has been responsible for the psychological care of a large cohort of pediatric, adult and transplanted CF patients. She has written several reviews and research papers on psychosocial aspects of CF and participated in multicenter international studies. She was speaker at the ERS specialist courses on Cystic Fibrosis in 2013 and 2015.

Trudy Havermans is an active member of the European Cystic Fibrosis Society. For example, she has participated in the ECFS Standard of Care projects, Scientific and Steering committees, Education committee and 3 ECFS books. Trudy has set up and jointly led the ECFS Mental Health Working group for three years and is now an active member. At present, she is a member of the ECFS board, representing Allied Health Professionals.



### **Susan Madge SRN RSCN MSc PhD**

Director of the Adult CF Centre, Clinical Chair for Infection & Immunity, Consultant Nurse (Royal Brompton Hospital, London)

Honorary Lecturer (Imperial College, London)

Susan undertook general nurse training at University College Hospital followed by specialist paediatric training at Great Ormond Street Hospital, London, where she began working with children with cystic fibrosis. Following a Master's degree in psychology, Susan completed her doctoral thesis in Behavioural Sciences at the Institute of Child Health, University College London. Susan has been working with children and adults with CF for over 30 years. Her areas of interest and research include transition, fertility and pregnancy and end of life issues. She is involved nationally and internationally with standards of care for CF, is a past-board member of the European Cystic Fibrosis Society (2006-2014) and reviews for a number of journals. Susan also runs an international, multidisciplinary course on CF and has created a web-based version of the course. Susan is currently involved in developing virtual services for the adult cystic fibrosis centre.



### **Urszula Borawska - Kowalczyk**

Urszula started work as a psychologist in the CF Center at the Mother and Child Institute in Warsaw in 2002. She continues her clinical work at the Hospital in Dziekanów Leśny, where there is the largest paediatric CF Center in Poland. She received her PhD from the Medical University of Warsaw. As a member of the CF MDT, Urszula is mainly involved in diagnosis, psychological interventions and supporting children with CF and their families. Her research interests include emotional well-being, adherence and the quality of life of children, parents and healthy siblings. She actively collaborates with patients' and parents' organisations where she has lectures and workshops. She is a member of the Organisation Committee of ECFS European Psychosocial Special Interest Group and member of ECFS Mental Health Working Group.