

The ECFS Psychosocial Special Interest Group and
The ECFS Mental Health Working Group are proud to announce
a webinar as part of the “Special CF Lunchtime Series”:



TRAUMA AND CYSTIC FIBROSIS

Webinar:

Wednesday 27th April 2022

12:00 – 13:00 CET/ 11.00 - 12.00 UK*

FREE REGISTRATION



Eddie
Landau (IL)



Erik
de Soir (BE)



Tré
LaRosa (US)



Annette
Katscher
-Peitz (GE)



Trudy
Havermans (BE)

****Please check the time of the
webinar in your country / time zone***

If you are able to attend, please click [here](#) to register. You will receive your personal log-in after registration.

Chair: [Eddie Landau \(IL\)](#)

Facilitators: [Erik de Soir \(BE\)](#), [Tré LaRosa \(US\)](#), [Annette Katscher-Peitz \(GE\)](#) [Trudy Havermans \(BE\)](#)

Time	Presentation	Speaker
12:00-12:05	Welcome	Eddie Landau (IL)
12:05-12:20	Trauma in chronic illness	Erik de Soir (BE)
12:20-12:27	Trauma in CF: patient testimony	Tré LaRosa (US)
12:27-12:37	EMDR Treatment of trauma	Annette Katscher-Peitz (GE)
12:37-12:47	Trauma in CF: experiences from the clinic	Trudy Havermans (BE)
12:47-13:00	Discussion, future challenges	Eddie Landau (IL)

Aims/ Objectives:

At the end of the session, the participant will be able to:

1. Describe an overview of problematic (cognitive) processes in trauma and traumatic grief
2. Illustrate when insufficient grief elaboration leads to complicated grief
3. Produce a set of do's & dont's for caregivers
4. Explain the need for a better understanding of what influences mental health from a systemic and environmental perspective.
5. Point out the shared humanity that everybody has with one another, whether or not you have a chronic disease.
6. Describe the long term impact of trauma on families and health care providers: experiences from the clinic.
7. Describe Movement Desensitization and Reprocessing (EMDR) as one of the most important methods in the treatment of psychotrauma; recall the differences and possible applications for adults and children, and propose simple application possibilities in everyday life outside of psychotherapy.

Target audience:

All members of the multi-disciplinary team including doctors, nurses, dietitians, physiotherapists, psychologists, social workers etc. Suitable for both adult and paediatric teams.

The webinar will be recorded and available on the [ECFS Education Platform](#) afterwards for ECFS members.