



**Lore Willem** (PhD) is a clinical child and adolescent psychologist and licensed Cognitive Behavioral Therapist. She obtained her doctorate in 2012. She works in the department of Pediatric Nephrology and Organ transplantation of the University Hospitals Leuven and in the Center for Anxiety and Depression, Child and Adolescent Psychiatry, University Psychiatric Center KU Leuven, Belgium.

Lore is specialized in pediatric psychology and has written several articles related to this topic. In daily clinic, she offers CBT to patients with chronic kidney disease, who are dependent on renal dialysis and waiting for kidney transplant and to patients with a kidney and/or liver transplant. She also works with patients, and their families, with severe clinical anxiety, depression and obsessive-compulsive disorder. She offers both individual treatment and group treatment to these groups of patients. She is an instructor of CBT at the University of Leuven and the University of Antwerp, Belgium and teaches Master's students in psychology.



**Johanna Gardecki** (M.Sc.) is a clinical psychologist and licensed Systemic and Family Therapist. She works with CF-patients of all ages and their families in the Department for Pneumology and Allergology of the University Hospital Frankfurt and as a research assistant at the Goethe-University Frankfurt, Germany.

Johanna Gardecki is specialized in systemic therapy, counselling and family therapy as well as in systemic couples therapy. In daily clinic, she offers systemic therapy to CF patients and their families struggling with anxiety, depression and difficult processes during all phases of the disease from diagnosis to transplantation. As a board member of the psychosocial working group in Germany she participates in improving the psychosocial care of people affected by CF including systemic supervision for CF Teams. An important focus of her work is to encourage all involved parties to play an active role in coping with the disease. She supports them to identify their individual resources experiencing themselves as experts and meeting the CF Team at eye level. This is reflected in her research projects like *Patients create knowledge – a citizen science study in the field of cystic fibrosis* or *Improving patient adherence during the transition from child to adult health care*, where she likewise concentrates on patient empowerment and on strengthening the communication skills of CF teams in challenging situations. She gives lectures and seminars about the psychological impact of chronic diseases on mental health and on the systemic approach in the daily hospital routine for all professional groups in health care.