

# ECFS Nutrition Group Annual report 2018

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## Aims

- To promote communication and networking between dietitians working with patients with cystic fibrosis.
- To have representation on Cystic Fibrosis Worldwide (CFW).
- To participate in the planning of the nutrition programme at the European Cystic Fibrosis Conferences.
- To share written information and resources in the management of cystic fibrosis (CF).

## Current committee

Dimitri Declercq, MSc (Co-Chair)  
Dietician - diabetes educator  
Pediatrie - Cystic Fibrosis / Diabetes  
Ghent Belgium

Chris Smith SRD, MBDA (Co-Chair)  
Senior Paediatric CF Dietitian  
Royal Alexandra Children's Hospital  
United Kingdom

Carolyn Patchell SRD (Secretary)  
Head of Nutrition and Dietetics  
Birmingham Women's and Children's  
United Kingdom

Pandya Sejal SRD (Member)  
Specialist CF Dietitian  
Liverpool Heart and Chest Hospital

Laurie Cave SRD (Member)  
Specialist Children's CF Dietitian  
Leeds Children's Hospital  
United Kingdom

Lucy Gale SRD (Member)  
Specialist CF Dietitian  
Papworth Hospital  
United Kingdom

## Elected Chairs to take over from June 2019

Sarah Collins  
HEE/NIHR Clinical Doctoral Research Fellow  
CF Specialist Dietitian  
Royal Brompton Hospital  
United Kingdom

Elizabeth Owen MRes, RD, MBDA  
Specialist Respiratory Dietitian (CF)  
Great Ormond Street Hospital for Children  
United Kingdom

## Current membership

152 members

### Activity 2018

- 1) Committee and members planned and delivered the 1<sup>st</sup> Basic Nutrition Master Class in Serbia 2018.  
The Master Class was a great success and therefore the committee and members agreed to continue to organize a Nutrition Master Class at the ECFC. The program of the Master Class will be adapted to the needs of the organizing country. The committee and the members have therefore planned the 1<sup>st</sup> Advanced Nutrition Master Class in Liverpool 2019.
- 2) Committee designed and planned the annual nutrition day of the ECFS Conference 2018. The feedback of the ECFNG meeting was very positive. Important feedback to take into the future organizing of the meeting is for more active case discussions. Together with the ECFS committee it was decided to ask an attendance fee of 25 euro from ECFC in Liverpool 2019.
- 3) Committee and general members contributed to the main ECFS 2018 conference as chairs and speakers. It is important that members of the ECFNG stay active in the organization of the ECFC for the visibility of the group. The joint chairs have completed their 4 year terms and responsibilities. New chairs have been elected by the group and will be in position to formally take over from the ECFS 2019.
- 4) Committee planned and facilitated a nutrition focus tomorrow lounge session. It is of value that each year a nutrition focus lounge session is planned.
- 5) Committee contributed to the scientific planning committee. It is of importance that a member of the ECFNG is a member of the scientific committee to support the incorporation of nutrition in the main conference program.
- 6) Committee established close working links with the educational committee to contribute to the education platform.
- 7) Members of the ECFNG have also continued to contribute to the work of CFEurope including in 2018 the South East European Cystic Fibrosis Conference and the Middle East Cystic Fibrosis Conference.

### Planned activity priorities for 2019

- 1) Establish the new chairs in post
- 2) Elect new committee members