

## 45th EUROPEAN CYSTIC FIBROSIS CONFERENCE

8 – 11 JUNE 2022 | ROTTERDAM, THE NETHERLANDS

Tuesday, June 7 2022

09:00 - 17:00

## Discussing sex and intimacy with patients with CF is not 'opening a box of Pandora', but 're-opening a box of pleasure!'

Facilitator: Paul Enzlin, Leuven, BE

Moderators: Urszula Borawska – Kowalczyk, Warsaw, PL; Eddie Landau, Tel Aviv, IL; Angelique Tijtgat,

Brussels, BE; Dagmar Brocke, Utrecht, NL; Annet Bongen, Utrecht, NL; Sejal Patel, Glasgow, UK

09:00 – 10:30 Sexuality and CF: A life time perspective.

10:30 - 11:00 COFFEE BREAK

11:00 – 12:30 Sexuality and CF: The broader perspective.

12:30 - 13:30 LUNCH BREAK

13:30 – 15:00 Sexuality and CF: What can you do?

15:00 - 15:30 COFFEE BREAK

15:30 – 17:00 Sexuality and CF: What do you have to do?

Paul Enzlin (MSc., Ph.D) is a clinical sexologist, certified family and marital therapist and head of the Centre for Clinical Sexology and Sex Therapy at the University Psychiatric Centre KU Leuven, Leuven, Belgium. He is Program Director of and Full Professor at the Institute for Family and Sexuality Studies (IFSS) at KU Leuven, Leuven, Belgium. IFSS organizes a 2-year master program in sexology in which he teaches several courses related to the field of clinical sexology and sex education. After he investigated the impact of Diabetes Mellitus on sexual functioning of women in his Ph.D.-study, he broadened his focus in his research to the impact of illness on sexuality in general. He developed a general conceptual framework to guide his thinking



on this topic and authored over 135 research papers, reviews and book chapters covering diverse topics within the field of sex research in which he did studies on the association between illness/disease and sexuality, dypareunia, asexuality, the concept of sexual distress, and sex education. He loves to help people overcome to discuss sexuality in their clinical practice by showing how easy that is.