

INTERNATIONAL PHYSIOTHERAPY GROUP FOR CYSTIC FIBROSIS

Belatedly, a happy, healthy and successful New Year to all of you and your families!

Welcome to our first IPG/CF newsletter for 2017.

Another year passed by and it is time to start the new one with fresh spirit! This newsletter includes an update from our Chair Helen and the bank details and policies concerning the annual payment for each country from our Treasurer Peter.

A big thank you to all who supported this newsletter!

A friendly reminder to all country contacts to submit their annual reports till the next newsletter in May. A special thank you to those (14 countries!) who already did so last year (see Newsletter 3, 2016)!

Annual reports do not need to be lengthy, they just need to provide information regarding the number of CF physiotherapists (perhaps with the number of CF patients they manage), recent activities and planned events.

If you are receiving this newsletter we are happy for you to forward it to your colleagues.

As always we welcome your feedback and input. Enjoy!

Marlies Wagner, MSc (marlies.wagner@medunigraz.at)
IPG/CF Secretary

IPGCF CONTACT LIST FOR MEMBER COUNTRIES

Below is the contact list as of January 2017. Countries in **red** are still lacking an active contact person. We are happy to hear of email updates or alternatives for inactive red countries if you have suggestions. In summary, there are currently 55 member countries with 36 actively responding to emails.

| Country | Contact | Email |
|------------------------|------------------------------|--|
| Argentina: | Patricia Ratto | patriciaratto@hotmail.com |
| Australia: | Brenda M. Button | b.button@alfred.org.au |
| Austria: | Marlies Wagner (new) | marlies.wagner@medunigraz.at |
| Bangladesh: | Md. Abdullah Al-Mamun | abdullah15ca@yahoo.ca |
| Belgium: | Myriam Vreys | myriam.vreys@uzleuven.be |
| Brazil: | Hilda Angelica Jimenez | hildajimenez38@yahoo.com.br |
| Bulgaria: | Anni Konfarjiveva | |
| Canada: | Maggie Mcllwaine | mmcilwaine@cw.bc.ca |
| Cayman Islands: | Zillah Isaac | zillah.isaacs@gov.ky |
| Chile: | M. Alejandra Vila Irrrazavel | |
| Colombia: | Janeth Buendia Algeria | |
| Costa Rica: | Rodolfo A. Bonilla Abarca | rhbonilla@yahoo.com |

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|----------------------|-----------------------------|--|
| Croatia: | Anja Kladar | anja.kladar@gmail.com |
| Cuba: | Romario Arjona Rodrigues | mjrojo@infomed.sld.cu |
| Czech Republic: | Libuse Smolikova | libuse.smolikova@email.cz |
| Denmark: | Camilla Pedersen | camipede@rm.dk |
| Ecuador: | Maite Mijares | maite@crespomijares.com |
| El Salvador: | María Azucena Flores Alemán | mafa.azucena@gmail.com |
| Estonia: | Karin Tammik | karin.tammik@ut.ee |
| Finland: | Katrr Partanen | katri.partanen@suomenfysioterapeutit.fi |
| France: | Hugues Gauchez | hgauchez@hotmail.fr |
| Germany: | Jovita Zerlik | jovita.zerlik@kinderkrankenhaus.net |
| Greece: | Kostas Katsoulakis | katsoul@freemail.gr |
| Hong Kong: | LAU Mo Yee, Polly | pmylau@ha.org.hk |
| Hungary: | Peter Borka | borka@chello.hu |
| Iceland: | Dr. Hordur Bergsteinsson | hordurb@landspital.is |
| India: | Sumita Gupta | bisoiak@rediffmail.com |
| Ireland: | Irene Maguire | maguire.irene@gmail.com |
| Israel: | Eynav Manor | e_manor@rambam.health.gov.il |
| Italy: | Clizia Cazzarolli (new) | Clizia.gazzarolli@ospedaleuniverona.it |
| Lithuania: | Rima Budreciene | rbudreckiene@hotmail.com |
| Latvia: | Inese Znotina | Inese.Znotin@vsu.lv |
| Macedonia: | Minola Paunovska | oliverdod@gmail.com |
| Mexico: | Zoila Popper | amfqmx@mexis.com |
| New Zealand: | Rebecca Scoones | RScoones@adhb.govt.nz |
| Norway: | Sandra Gursli | sangur@ous-hf.no |
| Oman: | Kamla Al-Qasmi | kaq83@yahoo.com |
| Palestine: | Amal Nassar | amal.nassar@crb-mail.org |
| Panama: | Gherson Cukier | gcukier@chiriqui.com |
| Poland: | Teresa Orlik | zaklad.usprawnienia@imid.med.pl |
| Portugal: | Filipe Prospero | filipe_prospero@yahoo.com |
| Romania: | Bogdan Almaja-Guta | bogdisport@yahoo.com |
| Russia: | Dr. Anna Tomilova | tomilova@nczd.ru |
| Saudi Arabia: | Tareq M Aref Hussein | web_rcs@shrc.edu.sa |
| Slovakia: | Marta Heroutová | fyzio.pp@falck.sk heroutovi@sudtarch.sk |
| South Africa: | Brenda Morrow | bmorrowstaffichrxhuct@mail.uct.ac.za |
| Spain: | Laura Muelos Gomez | lauramgfisio@hotmail.com |
| Sweden: | Cecilia Rodriguez Hortal | cecilia.rodriguez-hortal@karolinska.se |
| Switzerland: | Marta Kerstan | mkerstan@hispeed.ch |
| The Netherlands: | Lianne van der Giessen | l.vandergiessen@erasmusmc.nl |
| Turkey: | Osman Coban | oscoban28@gmail.com |
| UAE: | Saeid Rahbar Soureh | saeid849@yahoo.com |
| UK: | Helen Parrott | H.Parrott@rbht.nhs.uk |
| Uruguay: | Kitty Löwensberg | kittylowensberg@movinet.com.uy |

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| USA: | Jaime Eilbacher | EILBACHER@email.chop.edu |
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IPGCF CONTACT LIST FOR ALUMNI MEMBERS

| Name | Email |
|--------------------|--|
| Louise Lannefors | louise.lannefors.4457@med.lu.se |
| Margareta Sahlberg | margareta.sahlberg@telia.com |
| Esta Tannenbaum | esta.tannenbaum@rch.org.au |
| Ruth Dentice | ruth.dentice@sswahs.nsw.gov.au |

Alumni member

Past country contacts or board members who wish to join our Alumni members should contact our Secretary Marlies with details of their terms with the IPG/CF and their areas of expertise/interest. We are compiling a list of experienced alumni members who might help us with conference preparations and they will receive all IPG/CF communications directly as supporters of the IPG/CF.

Thank you to Ruth for joining the Alumni members!

IPGCF CHAIRPERSONS REPORT JANUARY 2017

Hello all and welcome to your first newsletter of 2017!

We have been busy collaborating with the ECFS planning the content of this years conference in Seville. I hope that we will see many of you there. This year the pre conference course will give us the opportunity to share our practice around exercise from evaluating ability to prescription of programmes. There will be variety of speakers covering both adult and paediatric experience. Our vice chair – Cecilia is leading the organisation of the programme and speakers so please get in contact with her if you have any suggestions or questions cecilia.rodriguez-hortal@karolinska.se

The full agenda will be published in the next edition of the conference programme and can be obtained via the conference website www.ecfs.eu/seville2017

Conference Update:
ECFC Seville 7th – 10th June
Dates for your diary

- Please join us for the IPG/CF AGM and case presentation session 😊
 - Wednesday 7th – all afternoon from 1230 with brown bag lunch
- Physiotherapy pre conference course
 - Tuesday 6th June (1 day) Wednesday 7th (0.5 day)
 - ‘Exercise in CF – from evaluation to prescription’
 - Please email me if you interested in sharing your exercise expertise h.parrott@rbht.nhs.uk
- Physiotherapy workshops – awaiting abstract submissions
- ‘Meet the expert’ sessions (45 euro fee):
 - Friday 9th June 0715-0815 – Exercise and Bone

ECFC Seville – Physiotherapy Symposium
Thursday 8th 1030 am

| Physiotherapy Symposium 08.06.2017 10:30-12:00 | |
|--|---|
| S11 What does personalised medicine mean for the physiotherapist? Jamie Wood (Perth, AU 🇦🇺) Tamara del Corral (Madrid, ES 🇪🇸) | |
| | Adapting to the spectrum of disease from asymptomatic to severe disease (including palliative) Ruth Dentice (Sydney, AU 🇦🇺) |
| | Innovative approaches to service delivery (telehealth, multiskilled physiotherapists (multisystem) extended scope (prescribing, acupuncture, hospital environment)) Helen Parrott (London, UK 🇬🇧) |
| | Novel physiotherapy strategies: new devices, new approaches (inhalations, exercise, ACT) Maggie McIlwaine (Vancouver, CA 🇨🇦) |
| | The lost art of education (educating patients, parents, non CF physiotherapists / active interviewing, promoting adherence) Mark Elkins (Sydney, AU 🇦🇺) |

I hope that you have all had the opportunity to submit a case study or abstract if you have been working on a new project, research study or treating a particularly challenging patient. I will inform you of the content of our cases session in our May newsletter. I should also hopefully have some news for you then from Irene Maguire on the publication of new Blue Booklet and updates on some other collaborations we have in the pipeline!

Happy New Year all!

Helen Parrott
IPG/CF Chairperson

IPGCF TREASURERS REPORT JANUARY 2017

Dear Members of the IPG/CF,
Dear Country Contact Persons,

Welcome to 2017 and all the best to each of you!

Although a lot of things may change in our lives, certain things stay the same, like my reminder to pay the annual fee for the IPG/CF.

The annual fee is not compulsory, nevertheless I invite all countries, who are able to do so, to participate.

The annual fee of 50.- Euro is due by June 30, 2017.

There are two methods for payment:

1. Payment to the IPG/CF bank account. Bank details are as follows:

Bank Name: Credit Suisse 8070 Zürich

Address: cf-physio.ch, Scheuermattweg 21, 3007 Bern, Switzerland

IBAN: CH51 0483 5163 5631 6200 0

BIC: CRESCHZZ80A

Account Nr: 0094-1635631-62

Account Name: CFinternational

Currency: EURO! Not Swiss Francs

Please declare clearly for which **country and year** you are paying e.g. *Switzerland 2017*

2. Cash payment to me at the Annual General Meeting on June 7, 2017 at the ECFS Conference in Seville

In both cases, the currency must be in EURO and you will receive a receipt.

Should another person be in charge of making the payment, please pass this information on to them.

The balance of the IPG/CF on December 20, 2016, was 4494.20 Euro.

Thank you very much for your cooperation. If you need information or have a question don't hesitate to contact me.

Kind regards,

Peter Suter

IPG/CF Treasurer Peter.Suter@usb.ch

IPGCF ANNUAL REPORTS FOR MEMBER COUNTRIES

No additional submissions since the last Newsletter for 2016. This section should be filled for the next Newsletter in preparation for our AGM in June.

**Please feel free to provide feedback and forward your suggestions or content to the IPG/CF secretary – marlies.wagner@medunigraz.at
Distribute this widely, and enjoy!**