

The CF-specialist nurse

My daily job

June 2017

Sílvia Rodríguez Torres
CF-reference nurse

The CF-nurse at Sant Joan de Déu's hospital

CF-Diagnosis

- Sweat test:
- Negative: discharge
 - Positive: blood test + ANF
 - Coordination with CF-Team visits
 - CF-nurse contact
 - New ST

Successive visits

- Vital signs monitoring (heart rate, breath rate, pulse oximetry-SpO₂,...), weight, height.
- Anamnesis
- Treatment control
- Education
- Sputum
- Annual blood test except OGTT (lab)

IV home treatment

- First time:
- Hospitalisation 24h-48h x PICC and education
- Successive IV treatments:
- Short stay unit admission: PICC, education and discharge (at home).
- Visits weekly with the CF-team
- PAC

Others

- Sputum control
- Newborn screening program database control
- Telematical assistance
- E-Health portal
- Research
- Continous learning

My warriors

Carla
7 years old
F508del homocigosis
Pancreatic insufficiency
Neonatal screening diagnosis
PS.A since 05/16



Lucia

10 years old

1811+1 1,6kbAG / 3272-26>G

Pancreatic insufficiency

Neonatal screening diagnosis

PS.A since 2007

ABPA since 2015

M. Avium

Pancreatitis + Hepatitis



Xavi

19 years old

F508del / Q890X

Pancreatic insufficiency

Neonatal screening diagnosis

SA + PS.A + ABPA + Mycobacterium abscessus

Gluten intolerant

PAC





Thank you!