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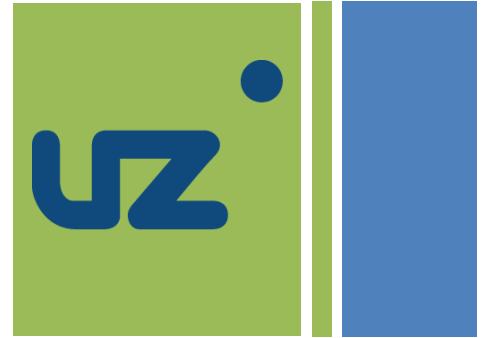
June 2017



MUCOVISCIDOSE
CENTRUM
GENT

**CF care in the Middle East-
Experiences of a recent
conference visit**

+ MECFA



- Middle East Cystic Fibrosis Association
- Invited to speak at the 1st Middle East CF conference
- February 2 – 4, 2017
- 150 Attendees: doctors, nurses, physiotherapists, dieticians, parents
- Several countries: Middle East, Israel, Turkey, ...

+ Muscat, Oman



+ Allied Health Professional team

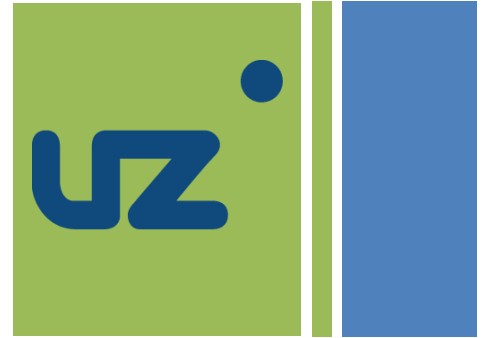


+ Topics (1) Standards of care



- What is CF
- Diagnosis
- Newborn Screening
- Managing lung disease
- Nutritional management / CFRD / Bone disease
- Psychosocial support
- Transplantation / End of Life care

+ Topics (2)



- Infection prevention and control
- Pregnancy and parenthood in CF
- Improving adherence
- Patient – family education
- Nurses knowledge, clinical and organizational skills for improving CF care
- Nurses role in establishing CF teams

+ Conclusions



- Not many CF centres established yet
- Especially not many nurses available
- Lack of governmental financial support
- Lack of availability of CF medication
- Long distance home – clinic: patients don't come
- Large families e.g. 10 children and 5 having CF
- Life expectancy < 7 years