

WEDNESDAY 4 JUNE – 09:00 – 16:00

Coral 1

European Psychosocial Special Interest Group (EPSIG) Annual Meeting

“ The Brain: Life, Breath and Beyond”

09:00 – 09:10 Welcome and introduction – Urszula Borawska- Kowalczyk, Warsaw, PL

09:10 - 10:40 **Session 1** Research and clinical practice

Moderators: Sue Braun, Brussels, BE / Urszula Borawska- Kowalczyk, Warsaw, PL

09:10 – 10:00 Ethical and moral dilemmas for minors with an intellectual disability, a case presentation. Sue Braun, Brussels, BE

10:00 – 10:20 Online Paws b mindfulness group for children with cystic fibrosis and siblings aged 7-11 years. Sally Harris, Brighton, UK

10:20 – 10:40 Preliminary validation of the general mental health screener (GEMS-CF): frequency and impact of mental health comorbidities in a diverse sample of adults with cystic fibrosis. Alexandra L. Quittner, Hollywood, US

10:40 - 11:00 **COFFEE BREAK**

11:00 – 12:15 **Workshop 1:** Help I've lost my brain! Understanding and managing neurocognitive symptoms in the modulator era and beyond?

Moderators: Annet Bongen, Utrecht, NL / Dagmar Brocke, Utrecht, NL

Speaker: Wendy Foo, Manchester, UK

12:15 – 13:00 **LUNCH BREAK**

13:00 – 14:10 **Workshop 2:** ACT w CF – 6-Session Evidence-Based Protocol to Help Adults Live their Best Lives with CF.

Moderators: Jacqueline Boekhoff, Amsterdam, NL / Stephen Jones, Sheffield, UK

Speakers: C. Virginia O'Hayer, Philadelphia, US / Heather Bruschwein, Charlottesville, US

14:10 – 14:30 **COFFEE BREAK**

14:30 – 15:45 **Workshop 2 continuation:** ACT w CF – 6-Session Evidence-Based Protocol to Help Adults Live their Best Lives with CF.

Moderators: Jacqueline Boekhoff, Amsterdam, NL / Stephen Jones, Sheffield, UK

Speakers: C. Virginia O'Hayer, Philadelphia, US / Heather Bruschwein, Charlottesville, US

15:45 – 16:00 Plans for EPSIG 2025/2026

Closing the meeting: Urszula Borawska- Kowalczyk, Warsaw, PL