

WEDNESDAY 5 JUNE 2019
09:00 – 16:30

Room 4A

European Cystic Fibrosis Nutrition Group Meeting

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| 09:00 – 09:30 | Registration |
| 09:30 – 10:00 | Annual General Meeting |
| 10:00 – 11:00 | SESSION I: Service Development
Moderator: Laurie Cave, Leeds, UK |
| 10:00 – 10:15 | The development of a nutrition education and social session for families of children with cystic fibrosis: “work in progress” – Katie Harriman, Bristol, UK |
| 10:15 – 10:30 | A program to manage feeding problems and malnutrition in toddlers and children with cystic fibrosis: how to use at best the cystic fibrosis core team – Laura Zazzeron, Milan, IT |
| 10:30 – 10:45 | Nutritional assessment in adults with cystic fibrosis (NACYFI study) – Kayja Schönenberger, Bern, CH |
| 10:45 – 11:00 | Handling cystic fibrosis nutrition during hospitalisation – Gabriela Parallada, Montevideo, UR |
| 11:00 – 11:20 | COFFEE BREAK |
| 11:20 – 12:20 | SESSION II: Vitamins and minerals
Moderator: Elizabeth Owen, London, UK |
| 11:20 – 11:35 | Vitamin E in paediatric patients with cystic fibrosis supplementation routinely required? – Sian Phillips, Southampton, UK |
| 11:35 – 11:50 | A retrospective review of iron status and supplementation in a regional paediatric cystic fibrosis population – Sophie King, London, UK |
| 11:50 – 12:05 | Are we achieving energy density at the expense of micronutrient density – Tamarah Katz, Sydney, AU |
| 12:05 – 12:20 | Questions and answers |

- 12:20 – 13:20 LUNCH BREAK
- 13:20 – 14:40 **SESSION III: CFRD**
Moderator: Sarah Collins, London, UK
- 13:20 – 13:40 Is the 5-point OGTT a better screening tool for CFRD than the standard 2-point OGTT? Results from a paediatric population at Birmingham Children's Hospital – Katherine Stead, Birmingham, UK
- 13:40 – 14:00 Dietary interventions for managing glucose abnormalities in cystic fibrosis: a systematic review – Laura Birch, Bristol, UK
- 14:00 – 14:20 Impact of continuous subcutaneous insulin infusion (CSII) pump use for CFRD – Dee Shimmin, Leeds, UK
- 14:20 – 14:40 Total daily dose of insulin as a marker of severity of CFRD – Joanna Snowball, Oxford, UK
- 14:40 – 15:10 COFFEE BREAK
- 15:10 – 16:30 **SESSION IV: Nutrition and Exercise: case studies and discussion**
- 15:10 – 15:50 Role of exercise in cystic fibrosis and evolving practices – Helen Douglas, London, UK
- 15:50 – 16:10 Impact of exercise on nutritional status and dietary management - Elizabeth Owen, London, UK
- 16:10 – 16:30 Challenges of sodium supplementation in cystic fibrosis – Natalie van der Haak, Adelaide, AU

This meeting is supported by:

