

Short course PT Sevilla 2017. Organizer: IPG-CF

Day 1, Tuesday

8.30-8.55 registration-coffee

8.55-9.00 welcome

9.00-9.15 Introduction: Why is testing critical? (Frank Cerny)

9.15-10.15 Metabolic response to exercise (Frank Cerny)

10.15-10.45 Break

10.45-11.30 Pulmonary response to exercise (Helge Hebestreit)

11.30-12.30 Cardiovascular response to exercise (Frank Cerny)

12.30-13.30 Lunch break

13.30-14.30 Exercise testing: protocols. (Helge Hebestreit)

14.30-15.15 Cardio pulmonary exercise test: interpretation. Other tests (field test). Case discussions. (Helge Hebestreit)

15.15-15.45 Break

15.45-16.30 Activity/exercise counseling practice. Different ages. New perspectives. Videos. Questions (Frank Cerny)

16.30-17.00 Motivational interviewing: Application. (Frank Cerny)

Day2, Wednesday 2017

8.15-8.45 Exercise in children: Basic principles, exercise as daily routine, indications from babies to adolescent. (Irene Maguire)

8.45-9.30 Exercise in: ECMO. ICU. (Brenda Button)

9.30-10.00 Exercise in: pre-post transplantation. What to exercise before and after transplantation? (Laura Muelas)

10.00-10.30 break

10.30-11.15 Exercise during complications: Pneumothorax, hemoptysis. (Brenda Button)

11.15-11.45 Adherence to exercise. (Trudy Havermans and MyriamVreys).

11.45-12.15 Exercise in adults: Management of the in-out patient. How to organize the exercise at the hospital. (Margareta Sahlberg).

12.15-12.35 Home-care and exercise (Ana Rocha)