

The ECFS Psychosocial Special Interest Group and
The ECFS Mental Health Working Group are proud to announce a
webinar as part of the “Special CF Lunchtime Series”:



SUBSTANCE ABUSE AND RISK-TAKING BEHAVIOUR

Webinar:

Wednesday 9th April 2025

12:00 – 13:00 CET/ 11.00 - 12.00 UK

FREE REGISTRATION

**Please check the time of the webinar*



Christopher
Richards (US)



Nick
Simmonds (UK)

If you are able to attend, please click [here](#) to register. You will receive your personal log-in after registration.

Chair: Trudy Havermans (BE)

Facilitators: Christopher Richards (US) & Nick Simmonds (UK)

Time (CET)	Presentation	Speaker
12:00 - 12:05	Welcome	Trudy Havermans (BE)
12:05 - 12:25	Substance Misuse, Anxiety and Depression at a Large US CF Centre	Christopher Richards (US)
12:25 - 12:45	The prevalence of risky behaviour in CF	Nick Simmonds (UK)
12:45 - 13:00	Discussion, future challenges, and questions from the audience	All speakers

Aims/ Objectives:

At the end of the session, the participant will be able to:

1. Describe how substance misuse impacts anxiety and depression among people living with CF
2. Consider proactive identification of substance misuse at your CF practice
3. Describe the prevalence of risky behaviour in CF
4. Discuss the potential impact this behaviour has on clinical outcomes

Target audience:

All members of the multi-disciplinary team including doctors, nurses, dietitians, physiotherapists, psychologists, social workers etc. Suitable for both adult and paediatric teams.

The webinar will be recorded and available on the [ECFS Education Platform](#) afterwards for EFS members.