

WEDNESDAY 7 JUNE**09:00 – 17:00****-2.31****European Psychosocial Special Interest Group Meeting****“Coping with Change”**

09:00 – 09:10	Welcome and introduction – Urszula Borawska- Kowalczyk, Warsaw, PL
09:10 - 10:40	Session 1: What’s new in psychosocial interventions? – Moderators: Annet Bongen, Utrecht, NL / Dagmar Brocke, Utrecht, NL
09:10 – 09:30	Anxiety and depression levels reported by parents of children with Cystic Fibrosis over a 6-month period – Claire Edmondson, London, UK
09:30 – 09:50	Psychological and physical impact of coughing in patients with cystic fibrosis (CF). – Ivana Arnaudova Danevska, Skopje, MK
09:50 – 10:10	“No words for feelings”- The factors affecting alexithymia in the patients with cystic fibrosis and their mothers – Ayse Tana Aslan, Ankara, TR
10:10 – 10:30	Teamwork makes the dream work: joint working between social work and occupational therapy in adult cystic fibrosis care. – Wendy Foo, Manchester, UK
10:40 - 11:00	COFFEE BREAK
11:00 – 12:30	Workshop 1 – Difficulties with eating Moderators: Sue Braun, Brussels, BE; / Urszula Borawska- Kowalczyk, Warsaw, PL
11:00 – 11:30	Impact of having CF and an eating disorder: recorded interview with a patient with Avoidant/Restrictive Food Disorder (ARFID). – Annet Bongen, Utrecht, NL / Dagmar Brocke, Utrecht, NL
11:30 – 12:00	Looking at weight from both sides – Eating in CF: still a complex psychosocial issue? – Ulrike Smrekar, Innsbruck, AT
12:00 - 12:30	What are some of the challenges of using mindful eating practices for people with CF? – Helen Egan, Birmingham, UK
12:30 – 13:30	LUNCH BREAK

46th EUROPEAN CYSTIC FIBROSIS CONFERENCE

7 – 10 JUNE 2023 | VIENNA, AUSTRIA

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| 13:30 – 15:00 | Session 2: The variety of transitions within CF
Moderators: Katie Smith, Southampton, UK; / Jacqueline Boekhoff, Amsterdam, NL |
| 13:30 – 13:50 | The Yin and Yang of Kaftrio: a patient's journey. – Claire Oliver, Southampton, UK |
| 13:50 – 14:10 | Improving support for sexual and reproductive health in adult patients with cystic fibrosis. – Elizabeth Benson, Manchester, UK |
| 14:10 – 14:30 | Shouldn't you be thinking about work now?'- Employment status and influencing clinical factors in people with CF at a large UK adult centre. – Jacqui Wainwright, Birmingham, UK |
| 14:30 – 14:50 | Compassion Fatigue – Mental health and wellbeing of professionals working in CF. – Trudy Havermans, Leuven, BE |
| 14:30 – 15:00 | Discussion |
| 15:00 – 15:30 | COFFEE BREAK |
| 15:30 – 16:45 | Workshop 2 - Coping with Change – discussion – Psychosocial papers of the year – Roundtables hosted by EPSIG Committee Members
Moderators: Annet Bongen, Utrecht, NL / Dagmar Brocke, Utrecht, NL |
| 16:45 – 17:00 | Plans for EPSIG 2023/2024 |

Closing the meeting: Urszula Borawska- Kowalczyk, Warsaw, PL