

WEDNESDAY 5 JUNE - 09:00 – 16:00

Carron 2

European Psychosocial Special Interest Group (EPSIG) Meeting

Well-being, important topic for patients and professionals

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| 09:00 – 09:10 | Welcome and introduction - Urszula Borawska-Kowalczyk, Warsaw, PL |
| 09:10 - 10:40 | Session 1: Well-being, important topic for patients and professionals Moderators: Jacqueline Boekhoff, Amsterdam, NL / Urszula Borawska- Kowalczyk, Warsaw, PL |
| 09:10 – 09:30 | My view counts too! A perspective centered on children aged between 2 and 5 years of quality of life with cystic fibrosis. Maha Naamaoui, Paris, FR |
| 09:30 – 09:50 | Impact of parenthood on cystic fibrosis (CF) self-care and service implications. Amy Downes, London, UK |
| 09:50 – 10:10 | Work Forwards: a new programme of employment support for people affected by cystic fibrosis. Becky Kilgariff, London, UK |
| 10:10 – 10:30 | Adding insult to injury: the experience of ageing with cystic fibrosis and developing new health conditions. Janet Mitchell, Manchester, UK |
| 10:40 – 11:00 | COFFEE BREAK |
| 11:00 – 12:15 | Session 2: Psychosocial papers of the year – Roundtables hosted by EPSIG Committee Members Moderators: Jacqueline Boekhoff, Amsterdam, NL / Katie Smith, Southampton, UK |
| 12:15 – 13:00 | LUNCH BREAK |
| 13:00 – 14:15 | Workshop 1: Schwartz Round: Feeling all the responsibility and none of the power Moderators: Rachel Massey – Chase, London, UK / Katie Smith, Southampton, UK |
| 14:15 – 14:30 | COFFEE BREAK |
| 14:30 – 15:45 | Workshop 2 Take a deep breath: how to use mindfulness and breathing exercises in CF patient care and self-care Moderators: Eddie Landau, Petah Tikva, IL/ Annet Bongen, Utrecht, NL / Dagmar Brocke, Utrecht, NL |
| 15:45 – 16:00 | Plans for EPSIG 2024/2025 Closing the meeting: Urszula Borawska- Kowalczyk, Warsaw, PL |