



5 – 8 JUNE 2024 | GLASGOW, UNITED KINGDOM

TUESDAY 4 JUNE 13:00 – 17:00

Carron 2

ECFS Pre-Conference Nutrition Course: Optimising nutritional health for the 21st century – evidence and clinical practice

AIM: This pre-conference course will provide health care providers with an opportunity to learn and interact with key experts in the fields of nutrition. Focus will be placed on recent key publications from the last year addressing some of the emerging situations faced by nutritional experts and provide practical solutions whilst highlighting.

Moderators: Dimitri Declercq, Ghent, BE / Monika Mielus, Warsaw, PL /Chris Smith, Brighton, UK

12:30 – 13:00	Registration
13:00 – 13:10	Welcome
13:10 – 14:20	Optimizing Adult Health: Insights from Systematic Reviews – Joanna Snowball, Oxford, UK
13:55 – 14:20	Sharing of clinical practice + Facilitated discussion
14:20 – 15:30	Optimizing Paediatric Health: Evolving Evidence-Based perspectives – Jacqui Lowden, Leeds, UK
15:05 – 15:30	Sharing of clinical practice + Facilitated discussion
15:30 – 15:45	COFFEE BREAK
15:45 – 16:55	Gastroenterology Insights: gut dysbiosis, Liver Disease and updates in Nutrition Guidelines – Michael Wilschanski, Jerusalem, IL
16:30 – 16:55	Sharing of clinical practice + Facilitated discussion
16:55 – 17:00	Closing remarks