

## WEDNESDAY 5 JUNE

10:30 – 15:45

Room M4

### ECFS Nutrition Group Meeting

10:30 – 11:00 Welcome and introduction + **COFFEE BREAK**  
Annual General Meeting  
Moderators: Monika Mielus, Warsaw, PL / Joanna Snowball, Oxford, UK

11:00 - 11:45 Patient's perspective on nutrition in the era of CFTR modulators  
Keynote Speaker: Simon Reid, Glasgow, UK

#### 11:45 – 12:45 **Session 1: Paediatric focus**

Moderator: Monika Mielus, Warsaw, PL

Salt intake in children with Cystic Fibrosis on Elexacaftor/Tezacaftor/Ivacaftor (ETI)

Moderator: Helen Attew, Montpellier, FR

Does Cyproheptadine Actually Promote Weight Gain in Children with Cystic Fibrosis?

Moderator: Birce Sunman, Ankara, TR

Longitudinal growth patterns; are children with CF still at risk for deprived final height?

Moderator: Gizem Tamer, Utrecht, NL

An evaluation of weight loss in patients undergoing eradication therapy for Pseudomonas Aeruginosa

Moderator: Elizabeth Sheppard, Manchester, UK

12:45 – 13:30 **LUNCH BREAK + Networking opportunity**

#### 13:30 – 14:30 **Session 2: Continued evaluation of nutrition on CFTR modulators**

Moderator: Clodagh Landers, Dublin, IE

CFTR Modulator Therapy with Elexacaftor/Tezacaftor/Ivacaftor Increases Plasma Concentration of Fat-Soluble Carotenoids in Patients with Cystic Fibrosis – Jaehi Chung

Moderator: Jaehi Chung, Heidelberg, DE

Maintenance of nutritional parameters improvements over two years of Elexacaftor/Tezacaftor/Ivacaftor (ETI) treatment according to severity of Cystic Fibrosis (CF) pulmonary disease

Moderator: Cecilia Brignole, Verona, IT

A Quality Improvement Project to pilot the Eating Attitudes and Behaviours tool in Manchester Adult Cystic Fibrosis Centre

Moderator: Laura Kinsey, Manchester, UK

Screening for food insecurity in individuals with cystic fibrosis

14:30 – 15:30	<p>Moderator: Damla Kocaman, Istanbul, TR</p> <p><b>Session 3: Interactive session: Discussion of controversial topics</b></p> <p>Moderators: Marie Barret, Exeter, UK / Joanna Snowball, Oxford, UK / Dee Shimmin, Leeds, UK / Clodagh Landers, Dublin, IE</p> <p>All people with CF should receive salt supplementation</p> <p>Taking minimum of 10g of fat with a CFTR modulator is essential for optimal benefit</p> <p>UDCA is a useful addition for patients with CFRLD</p> <p>BIA should be used instead of to BMI at every clinic</p>
15:30 – 15:45	<p>Summary + Closing</p>