ECFS Nutrition Group Meeting

10:30 – 11:00  Welcome and introduction + COFFEE BREAK
Annual General Meeting
Moderators: Monika Mielus, Warsaw, PL / Joanna Snowball, Oxford, UK

11:00 - 11:45  Patient’s perspective on nutrition in the era of CFTR modulators
Keynote Speaker: Simon Reid, Glasgow, UK

11:45 – 12:45  Session 1: Paediatric focus
Moderator: Monika Mielus, Warsaw, PL

- Salt intake in children with Cystic Fibrosis on Elexacaftor/Tezacaftor/Ivacaftor (ETI)
  Moderator: Helen Attew, Montpellier, FR

- Does Cyproheptadine Actually Promote Weight Gain in Children with Cystic Fibrosis?
  Moderator: Birce Sunman, Ankara, TR

- Longitudinal growth patterns; are children with CF still at risk for deprived final height?
  Moderator: Gizem Tamer, Utrecht, NL

- An evaluation of weight loss in patients undergoing eradication therapy for Pseudomonas Aeruginosa
  Moderator: Elizabeth Sheppard, Manchester, UK

12:45 – 13:30  LUNCH BREAK + Networking opportunity

13:30 – 14:30  Session 2: Continued evaluation of nutrition on CFTR modulators
Moderator: Clodagh Landers, Dublin, IE

- CFTR Modulator Therapy with Elexacaftor/Tezacaftor/Ivacaftor Increases Plasma Concentration of Fat-Soluble Carotenoids in Patients with Cystic Fibrosis – Jaehi Chung
  Moderator: Jaehi Chung, Heidelberg, DE

- Maintenance of nutritional parameters improvements over two years of Elexacaftor/Tezacaftor/Ivacaftor (ETI) treatment according to severity of Cystic Fibrosis (CF) pulmonary disease
  Moderator: Cecilia Brignole, Verona, IT

- A Quality Improvement Project to pilot the Eating Attitudes and Behaviours tool in Manchester Adult Cystic Fibrosis Centre
  Moderator: Laura Kinsey, Manchester, UK

- Screening for food insecurity in individuals with cystic fibrosis
Moderator: Damla Kocaman, Istanbul, TR

**Session 3: Interactive session: Discussion of controversial topics**


All people with CF should receive salt supplementation

Taking minimum of 10g of fat with a CFTR modulator is essential for optimal benefit

UDCA is a useful addition for patients with CFRLD

BIA should be used instead of BMI at every clinic

**15:30 – 15:45** Summary + Closing