

European Cystic Fibrosis Nutrition Group (ECFNG)

Year of report: 2022/23

Contact details of coordinator, vice coordinator and assistant (if applicable) including ECFS membership numbers:

Co-ordinator: Elizabeth Owen (co-chair)
and Sarah Collins (co-chair)

Vice coordinator: Monika Mielus

Long term aims of the Special Interest Group including estimated achievement date:

- Promote communication and networking between dietitians working in cystic fibrosis across Europe and beyond.
- Information-sharing at the annual ECFNG meeting and ECFS nutrition webinars, including via the ECFS website and app, and ECFNG Twitter account.
- Provide dietetic expertise and support to members of less well-resourced European countries.
- Continue to raise profile of the group internationally and encourage dietitians from outside of the UK to join the committee.

Aims are ongoing.

Outcomes already achieved

- Well-established group with representation from many European countries – international focus.
- Successfully run annual meeting/study day at ECFC which is well-attended by dietitians.

Report for this year

- Successful appointment of vice-Chair Elect who will become co-Chair. To ensure smooth transition of posts this year.
- Committee organise annual nutrition meeting. Programme includes AGM, keynote speaker, poster and case presentations with opportunity for discussion. Nutrition-focused topics are chosen to compliment the main conference, reflect advances in medical and nutritional treatments, and are relevant for a European/international audience. Consideration is given to ensure representation from different European countries where possible when selecting speakers.
- Successful introduction of new lunchtime online nutrition webinar series, supported by ECFS. First webinar attracted over 90 health professionals, reaching worldwide audience.
- Introduction of buddy mentorship scheme for ECFNG members to provide clinical support for dietitians.
- Membership numbers remain similar to last year. Currently the group has 82 members from a variety of countries.
- Co-chairs meet regularly to discuss any issues as they arise, and the committee meet online 3-4 times per year to plan the annual pre-conference meeting and webinars.
Co-chairs liaise with ECFS education group representatives to discuss education events.
Committee members are facilitating and/or speaking at nutrition sessions at the main conference and pre-conference meetings in June 2023.

Aims for the coming year (please state year) (max 50 words):

- Succession planning. To appoint a second new co-Chair to lead the group for the next 4 years and a second Ordinary member.
- To organise second nutrition lunchtime webinar.
- To expand the buddy mentorship scheme.

Summary :

Breakdown of expenses (please include total amount received as well as expenditure and, if applicable, the outstanding balance (Euros)): n/a

- Sponsorship has been secured from DEKAsvitamins® for refreshments at the ECFNG meeting

Budget amount requested for next year (please give the amount in Euros and the year): n/a