

TUESDAY 3 JUNE – 12:30 – 16:30

Meeting N7+N8

From knowledge to practice: shaping effective nutrition habits

Moderators: Dimitri Declercq, Ghent, BE & Monika Mielus, Warsaw, PL

12:30 – 12:40 Welcome and registration

Shaping nutrition habits in health

12:40 – 13:10 Case studies

13:10 – 13:30 Facilitated discussion

13:30 – 14:00 Nutrition to future proof frailty in older CF adults – Joanna Snowball, Oxford, UK

14:00 – 14:20 Facilitated discussion

14:20 – 14:50 Coffee break and networking

Shaping nutrition habits in ill health

14:50 – 15:20 Nutrition to prevent and support cardiovascular episodes – Andrea Gramegna, Milan, IT

15:20 – 15:40 Facilitated discussion

15:40 – 16:10 Nutrition support during cancer treatments – Paula Ravasco, Lisbon, PT

16:10 – 16:30 Facilitated discussion

16:30 Closing