

Case compliance

Sofia, a 15 year old girl with CF



Annemarie Tiesinga, CF-nurse

Sofia



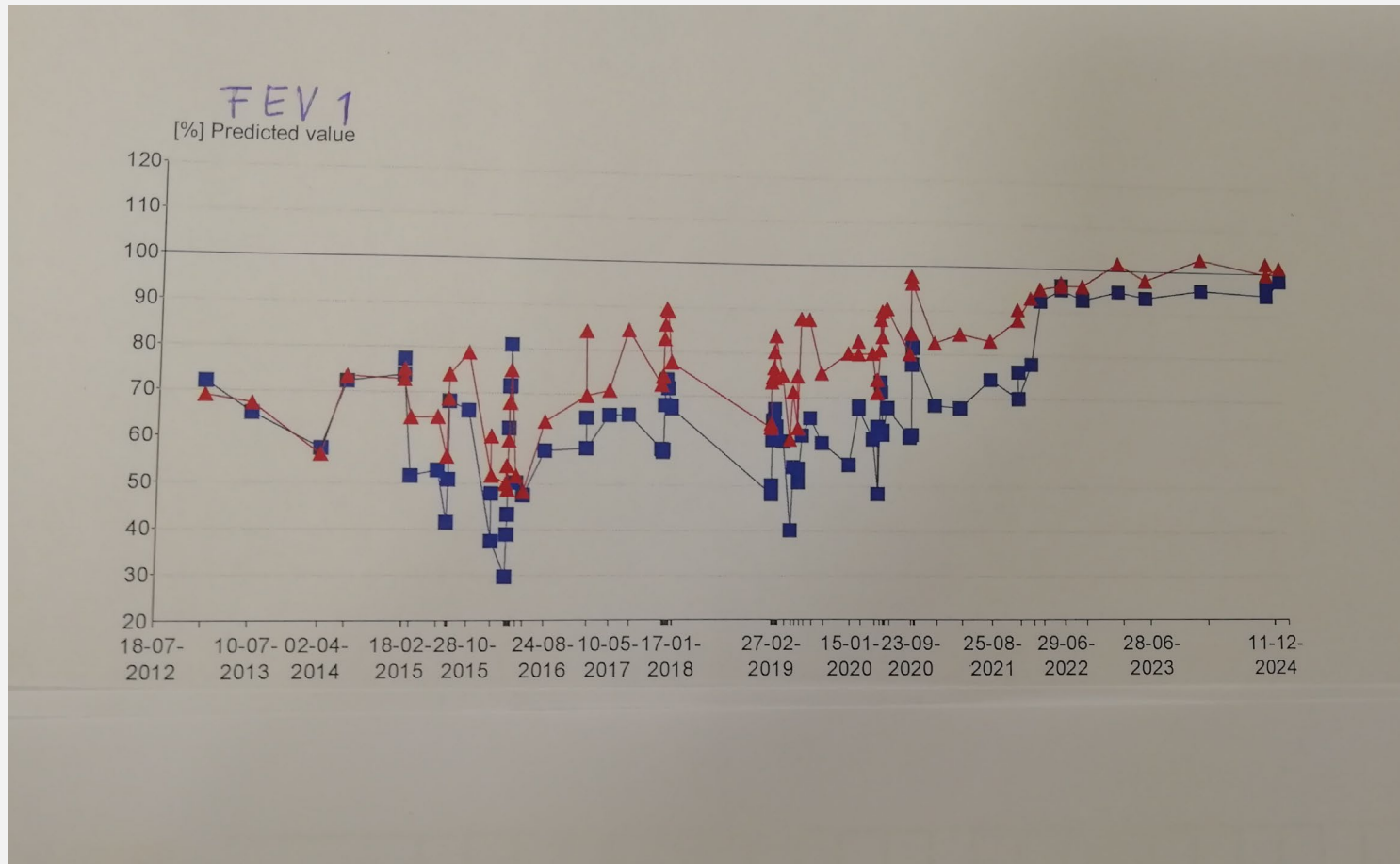
- ETI since January 2022
- Good results of ETI (lung function (FEV1 90%), nutritional status)
- Diagnosed with CFRD last year (dietary advice, no insulin)
- Family: mother, no siblings (no father)
- Mother is a very anxious person, no job, moved 15 times (in 15 years)
- Girl is vaping and smoking for at least 1 year

Sofia

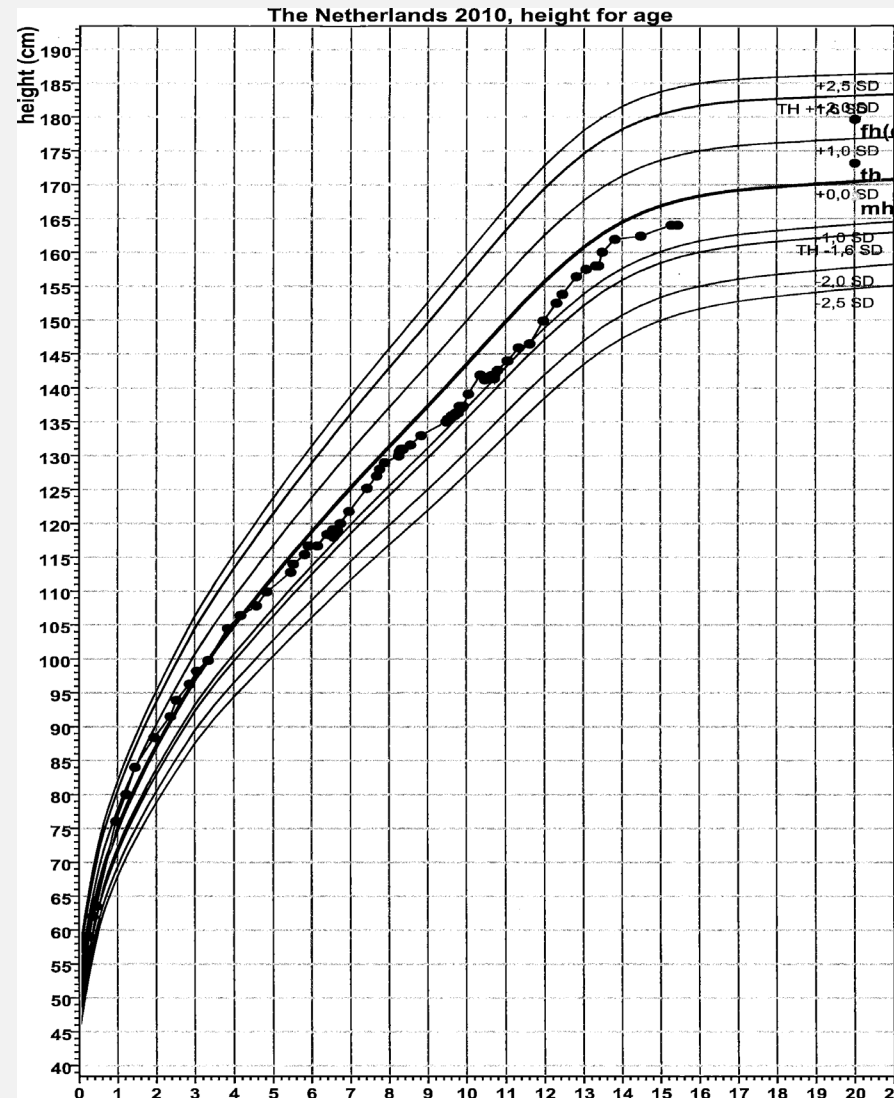
- No compliance of Creon, ETI, DEKA-vitamins and nebulization (Colistine)
- Truancy school
- Friend with CF died (5 years ago)
- Often cancel appointments outpatient clinic



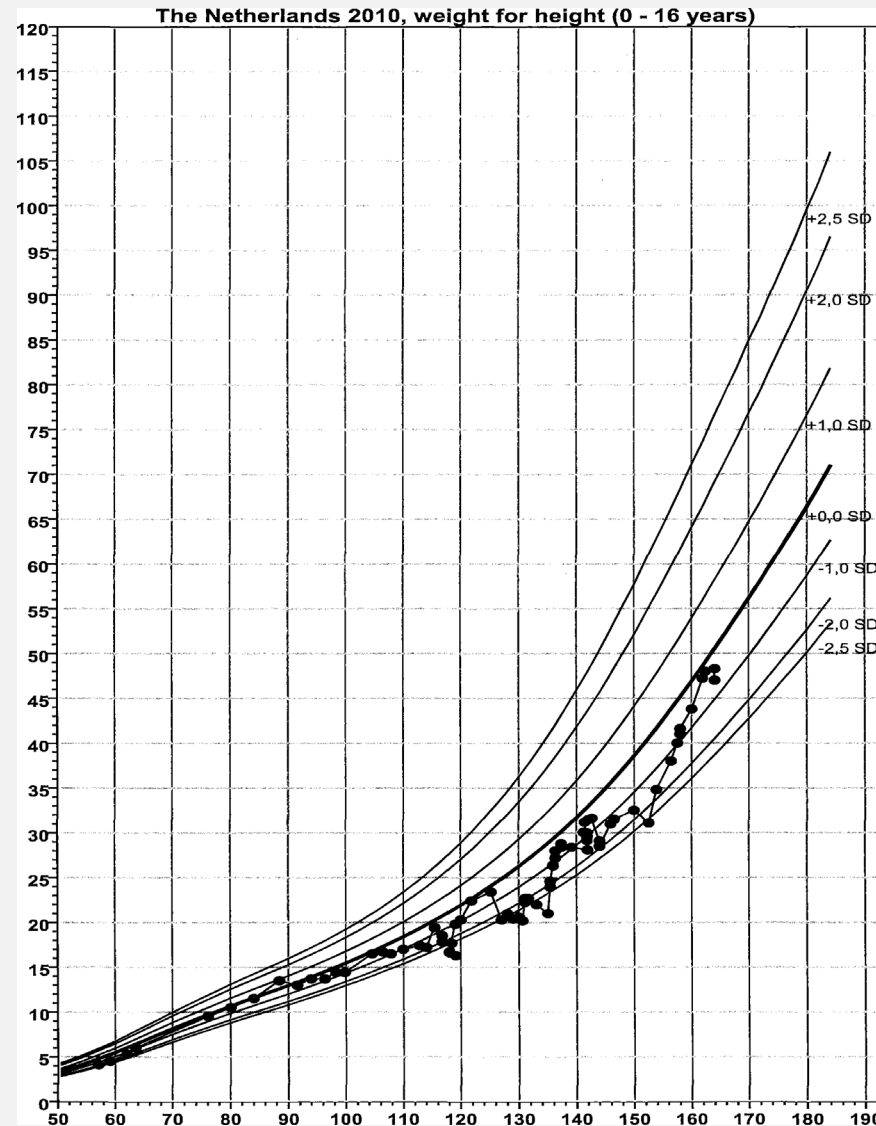
Lung function



Height for age



Weight for height



Can you identify any problems?

- No compliance
- Vaping/smoking
- CFRD
- Mental health
- Puberty
- Other?

How to approach the situation?

- Motivational interviewing
- Psychologist
- Peer support
- Other?



Suggestions?

