

# ECFS

## EXERCISE WORKING GROUP

### WINTER MEETING

	Date:	16 February 2026
	Time:	11:00 - 13:30 CEST 10:00 - 12:30 GMT (UK)

#### Zoom Details

#### ZOOM LINK

ID: 953 1073 2160   Password: 160226



TIME	TOPIC	PRESENTER
11:00	Welcome & Introduction	Dr. Owen Tomlinson
<b>RESEARCH</b>		
11:05	Dysfunctional Breathing Project (update)	Prof. Dr. Helge Hebestreit
11:10	ECFS Registry re: Wpeak (update)	Dr. Thomas Radtke
11:15	Discussion for future ideas	Dr. Zoe Sanyor
11:25	Early Career Research Talks*	Presentation1
	Moderators: Dr. Don Urquhart, Dr. Erik Hulzebos, Dr. Çiğdem Emirza Cilbir	Presentation 2
		Presentation 3
12:10	Break	
<b>EDUCATION</b>		
12:15	Webinars (report on success)	Dr. Marcella Burghard
12:20	ECFS Pre-Conference Course	Dr. Alexandra Hebestreit
12:55	Journal Club	Dr. Owen Tomlinson
13:00	Discussion for future ideas	Dr. Marcella Burghard
		Dr. Erik Hulzebos
13:25	Closing & Prize Giving	Dr. Alexandra Hebestreit

#### \*Abstract submission

We invite colleagues to submit an abstract until 30th January 2026. The Abstract (maximum 250 words) should consist of 4 paragraphs, labelled Background, Methods, Results, and Conclusions (see template) and submitted to [o.w.tomlinson@exeter.ac.uk](mailto:o.w.tomlinson@exeter.ac.uk) and [Hebestreit\\_A@ukw.de](mailto:Hebestreit_A@ukw.de).

Abstracts are reviewed by a jury. People registered for a PhD or Post-Graduate Degree or graduated within 12 months and undertaking exercise and CF-related research are welcome to submit their abstract. The best presentation is selected by a jury and the “winner” receives a prize.



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