

ECFS EXERCISE WORKING GROUP WINTER MEETING



Date: 16 February 2026



Time: 11:00 - 13:30 CEST

10:00 - 12:30 GMT (UK)

Zoom Details

ZOOM LINK

ID: 953 1073 2160 Password: 160226



TIME	TOPIC	PRESENTER
11:00	Welcome & Introduction	Dr. Owen Tomlinson
RESEARCH		
11:05	Dysfunctional Breathing Project (update)	Prof. Dr. Helge Hebestreit
11:10	ECFS Registry re: Wpeak (update)	Dr. Thomas Radtke
11:15	Discussion for future ideas	Dr. Zoe Sanyor
11:25	Early Career Research Talks* Moderators: Dr. Don Urquhart, Dr. Erik Hulzebos, Dr. Çiğdem Emirza Cilbir	Presentation 1
		Presentation 2
		Presentation 3
12:10	Break	
EDUCATION		
12:15	Webinars (report on success)	Dr. Marcella Burghard
12:20	ECFS Pre-Conference Course	Dr. Alexandra Hebestreit
12:55	Journal Club	Dr. Owen Tomlinson
13:00	Discussion for future ideas	Dr. Marcella Burghard
		Dr. Erik Hulzebos
13:25	Closing & Prize Giving	Dr. Alexandra Hebestreit

*Abstract submission

We invite colleagues to submit an abstract until 30th January 2026. The Abstract (maximum 250 words) should consist of 4 paragraphs, labelled Background, Methods, Results, and Conclusions (see template) and submitted to o.w.tomlinson@exeter.ac.uk and Hebestreit_A@ukw.de.

Abstracts are reviewed by a jury. People registered for a PhD or Post-Graduate Degree or graduated within 12 months and undertaking exercise and CF-related research are welcome to submit their abstract. The best presentation is selected by a jury and the “winner” receives a prize.



Exercise Working Group