

## WEDNESDAY 5 JUNE 2019

08:30 – 12:00

Room 11B

### Physiotherapy Short Course – Exercise Testing in Cystic Fibrosis – Who, When And Why?

08:30 – 08:40 Registration and housekeeping – Marta Kerstan, Biberstein, CH / Don Urquhart, Edinburgh, UK

08:40 – 09:15 Preparation for exercise – Brenda Button, Melbourne, AU

#### 09:15 – 10:15 **Case presentations – analysing and translating test data**

Translating results into exercise programmes: using field test data, using CPET data e.g. Peak VO<sub>2</sub> and AT data, using maximal workload ergometry as surrogates -

Don Urquhart, Edinburgh, UK / Helge Hebestreit, Würzburg, DE

Room 11B

CPET illustrative cases: deconditioning, ventilatory limitation, transplant, arrhythmias – Lisa Morrison, Glasgow, UK / Marlies Wagner, Graz, AT / Helen Douglas, London, UK

Room 11C

10:15 – 10:45 **COFFEE BREAK**

#### 10:45 – 11:45 **Case presentations – analysing and translating test data**

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11:45 – 12:00 Wrap-up – Marta Kerstan, Biberstein, CH / Don Urquhart, Edinburgh, UK