

Country Presentation CF-Nursing Switzerland

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37th EUROPEAN CYSTIC FIBROSIS CONFERENCE
11 - 14 JUNE 2014 | GOTHENBURG, SWEDEN



UniversitätsSpital
Zürich



Schweizerische Gesellschaft für Cystische Fibrose (CFCH)
Société Suisse pour la Mucoviscidose (CFCH)
Società Svizzera per la Fibrosi Cistica (CFCH)

CF-Center-Distribution in Switzerland approx. 1000 CF-Patients



Children

2010 / 2014

Aarau nk
Basel nk
Bern Insel **80**
Geneva nk
Lausanne **52**
Luzern **27***
St Gallen **49**
Zürich **120**

* together



Adults

2010 / 2014

Aarau nk
Bern Insel nk
Bern Lindenhof **110**
Bern Tiefenau nk
Basel nk
Fribourg nk
Geneva nk
Lausanne **21**
Luzern **27***
Morges **21**
St Gallen nk
Tessin nk
Winterthur **25**
Zürich **92**

* together

Lungtransplantations overall approx. Lausanne 200 / Zürich 400
approx. 1/3 CF-Patients



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CF-Care in Switzerland

CFCH > Swiss Cystic Fibrosis Society

- Information, Counseling, financial & social Support, CF-Weekends & -Camps, sponsorship of Research and local groups throughout Switzerland

CF-Center > availability of Pulmonology, Gastroenterology,
Diabetology, Nutrition counseling, Physiotherapy,
Social and Psychological counseling

Neonatal-Screening > since 2011

CF-Register > under development

CF-Nursing > Nurses of Switzerland met at the annual CFCH-Meeting in March 2014:
current great variety due to duties & responsibilities & no CF specific Job-Descriptions

- Development of Role-Description CF-Nurse (competences, duties etc.)
- To clarify: do hospitals want & support specialized CF-Nurses?



CF Nursing Project University Hospital Zürich & CFCH

Kick off October 2013

Aims

- Development CF-Nurse-Role according to the UK-Model (advice & support, advocacy, education, clinical management, research)
- Development, Implementation & Evaluation CF-Patient-Care-Pathway with focus on selfmanagement with a structured Education- and Counseling-Service
- Setup of a Home-Care-System for Patients who can not acquire the essential competences for a safe selfmanagement

First Steps

- Guidelines & educational materials for selected themes & possible eLearnings for e.g. home-iv-AB-therapy, oral medication, inhalation, nutrition, physiotherapy, exercise, Fatigue > valid for in- and out-patients



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Who and How

Advanced Nursing Practice (ANP) –TeamApproach
Tandem of

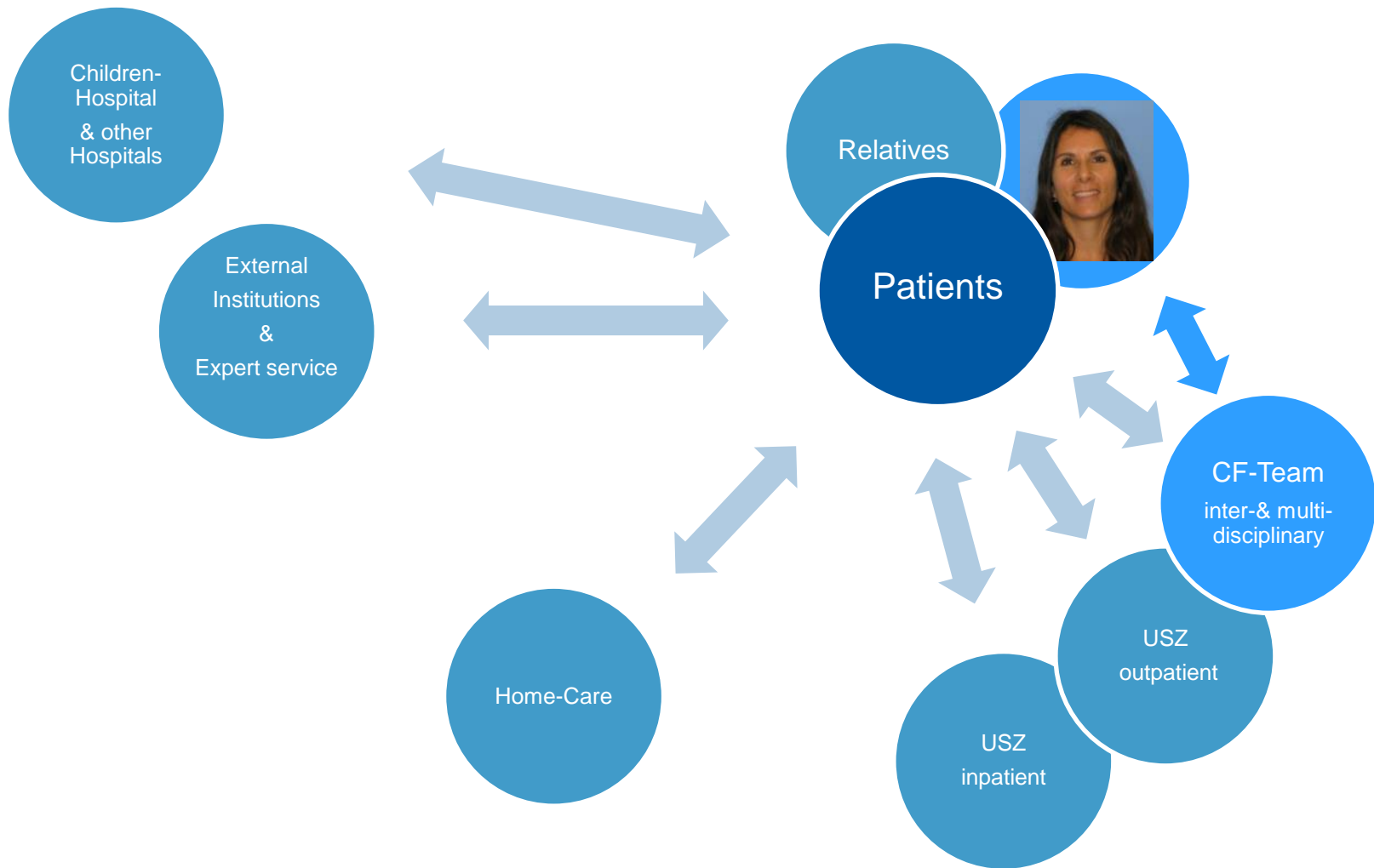
- Registered nurse MAS for patient- & family-education
 - function: clinical work in outpatient clinic and ward
 - expertise for CF
 - development of concepts & education-materials
- Registered nurse MNS with APN- und CF-background
 - Evaluation with accompanying scientific research
 - Development of concepts & education-materials
 - Mentor for Role-Development



<http://www.nauticexpo.de/prod/waterbird-parakites/parasailing-fallschirme-2-3er-21400-118742.html>



CF Nursing daily life at University Hospital Zürich



Thank you for your attention



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